

# Greek Odysseys

Allen Dyer



This is the tale I pray the divine Muse to unfold to us.  
Begin it, goddess, at whatever point you will.

*The Odyssey of Homer*











Canon D20 ISO 125  
5mm f/8 1/320

ΓΕΦΥΡΑ  
ΑΠΑΓΟΡΕΥΣΗ

# Greek Cyclades





Canon D20

# Swim Trek - Greek Cyclades



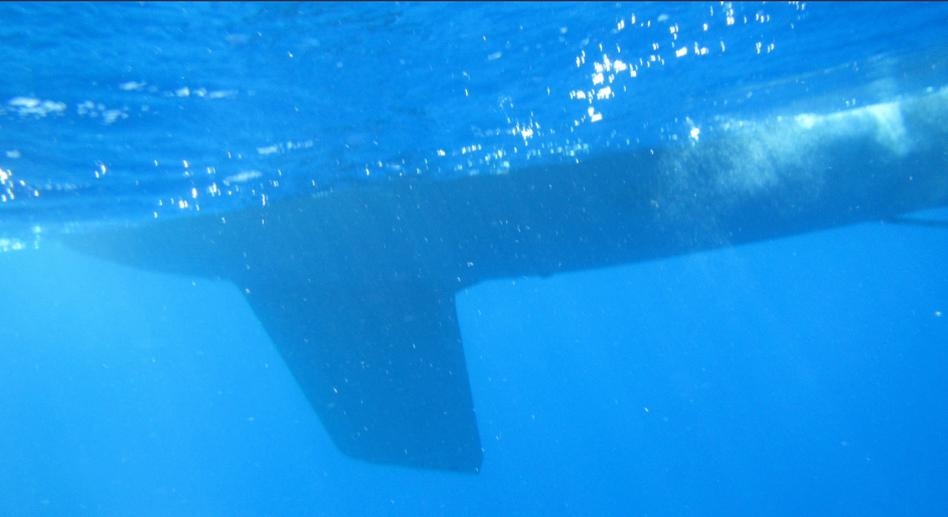
# Poseidon





Blow winds blow, crack your cheeks





Canon D20

# Ilio Vasilima Hotel, Schinoussa



# Sunrise, Schinoussa



# Tsigouri Bay, Schinoussa



# Video stroke analysis



# Underwater Stroke Analysis





Hero GoPro H3



Hero GoPro H3

# Sunset, Schinoussa



# Boarding Aki's boat, *Katarina*





# Ferries are for wimps – Let's Swim



# Swim – Sleep – Sup - Sail



and re-hydrate





Canon D20

Apple Aperture software

# Prior Preparation



# Keros



# Keros



# The cliffs of Keros



# Lost colony of Keros



# Kato Koufanisi



# Iraklia Harbor



All in







Canon EOS XT

# The deep blue





# Pinks Sprint for the finish





# The Cave





# Koufanisi





Just another day at the office



# Koufanisi Harbor



# Windmill, Koufanisi



# Swimming in the lee of Naxos



# Murmuration



# Mt Zeus on Naxos





Canon EOS T4i

# Sunrise Swim



Canon D20

# Sanctuary of Apollo, Naxos



“Summoned or not, the god will come”  
--Carl Jung



# Kos



# The Aesculapian at Kos



# The Oath of Hippocrates

1. Invocation of Gods
2. Professional organization of medical “family”
3. Dietetic measures for the benefit of the sick
4. No euthanasia or abortion
5. I will not use the knife.
6. Sexual relations with patients proscribed
7. Confidentiality
8. Supplication to enjoy life and art

# Oath of Hippocrates

1

I swear by Apollo Physician and  
Asclepius and Hygieia and Panacea  
and all the gods and goddesses . . .



# Oath of Hippocrates

2

To hold him who has taught me this art as equal to my parents and to live my life in partnership with him . . .



# Oath of Hippocrates

3 I will apply dietetic measures for the benefit of the sick according to my ability and judgment . . .



# Oath of Hippocrates

4 I will neither give a deadly drug to anybody if asked for it, nor will I make a suggestion to this effect . . .



# Oath of Hippocrates

5 I will not use the knife,  
not even on sufferers of the stone . . .



# Oath of Hippocrates

6

Whatever houses I may visit,  
I will come for the benefit of the  
sick,  
remaining free of all intentional  
injustice,  
of all mischief . . .



# Oath of Hippocrates

7 What I may see or hear in the course of the treatment or even outside in regard to the life of men, which on no account one must spread abroad, I will keep to myself holding such things shameful to be spoken about.



# Oath of Hippocrates

8 If I fulfill this oath,  
may it be granted to me to enjoy life and art,  
being honored among all men . . .



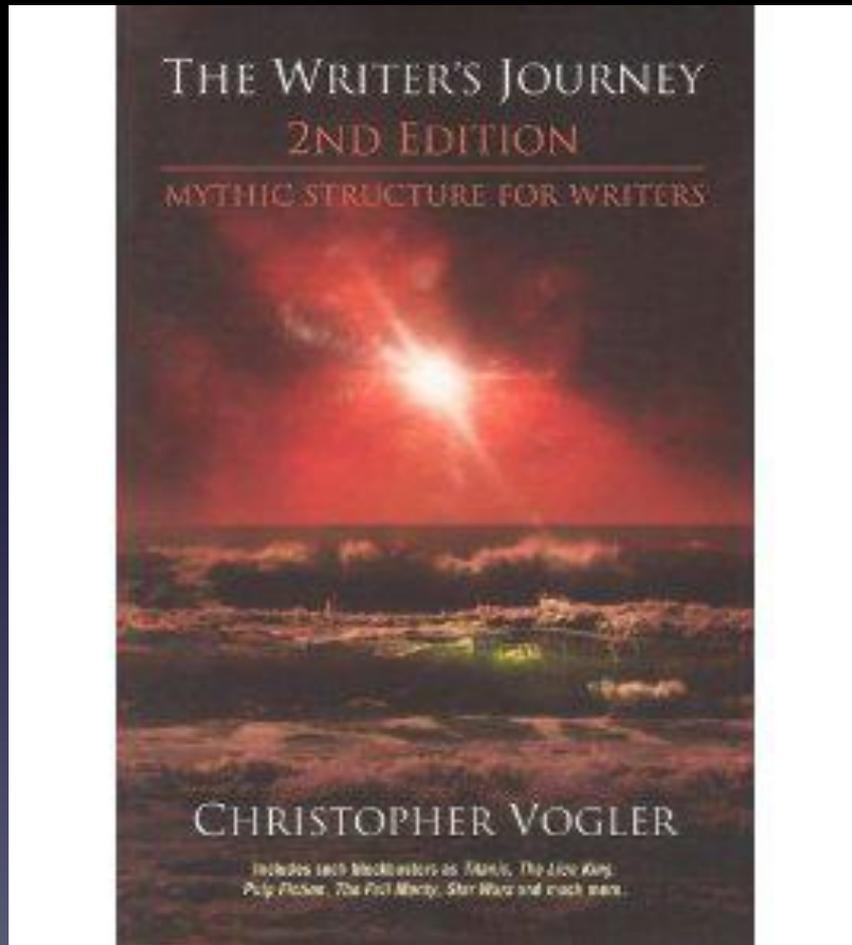
# The Plane Tree at Kos

2400 BCE ? – 1992



# The Writer's Journey

Christopher Vogler



## MYTHIC STRUCTURES:

- The Call to Adventure
- Tests and Trials
- The Road Home

“There are only two or three human stories,  
and they go on repeating themselves as fiercely  
as if they had never happened before”

Willa Cather



# The Cancer Odyssey

Cancer is a complex illness with biological, psychosocial, and spiritual facets. This book follows the odyssey of a physician who was diagnosed with a virulent blood cancer, multiple myeloma, and came to a new understanding of health and wellness as he underwent bone marrow transplant with massive chemotherapy, navigated the hazards of the health delivery system, learned to cope with the illness and then the treatment, and finally emerged into a whole new life with a new appreciation of the relationship of illness, health, trauma and resilience.

One More Mountain to Climb



Allen R. Dyer

## One More Mountain to Climb

What My Illness Taught Me About Health



Allen R. Dyer

Allen R. Dyer was born in Bangor, Maine, graduated from Brown University, received MD and PhD from Duke University. He is Professor of Psychiatry and Behavioral Sciences at The George Washington University, Washington, DC, where he lives with his wife, Susan. His academic work is in the area global mental health, medical ethics and health policy.



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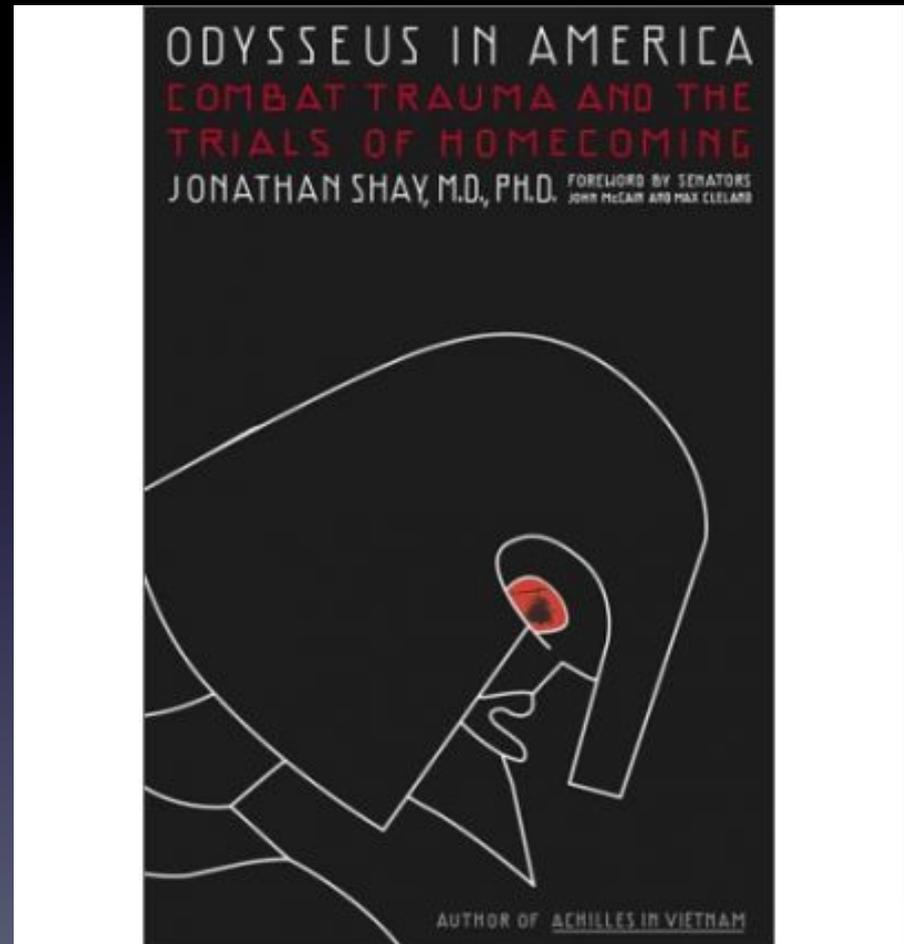
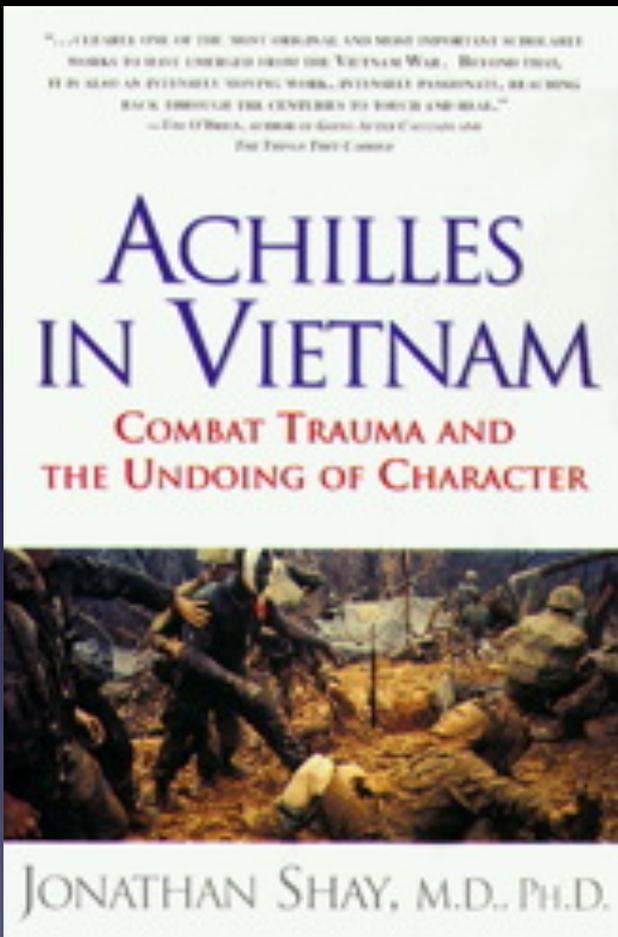
Dyer

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Academic Publishing

“May the Force be with you”



# Jonathan Shay: Odysseus in America



To set aside the sympathy we extend to others beset by war and murderous politics for a reflection on how our privileges are located on the same map as their suffering, and may—in ways we might prefer not to imagine—be linked to their suffering, as the wealth of some might imply the destitution of others, is a task for which the painful stirring images supply only an initial spark.

*Susan Sontag, Regarding the Pain of Others*



Baghdad, 2009  
Canon SD 4500 IS

... we might prefer not to imagine how their suffering  
is linked to our privilege

*Susan Sontag, Regarding the Pain of Others*



12<sup>th</sup> Street NW  
Downtown DC



One Dog Night

# Global Disasters: War, Conflict, Complex Emergencies



# Rwanda Millennium Village Project



“In war, the first casualty is the truth”

Aeschylus, 5<sup>th</sup> century BCE











# (Not) Far from War





# Ithaca

When you start on your journey to Ithaca,  
Then pray that the road is long, full of adventure, full of knowledge.



Do not fear the Lestrygonians and the Cyclopes and the angry Poseidon.  
You will never meet such as these on your path,  
If your thoughts remain lofty,  
If a fine emotion touches your body and your spirit.



You will never meet the Lestrygonians, the Cyclopes and the fierce Poseidon,  
If you do not carry them within your soul,  
If your soul does not raise them up before you.



Then pray that the road is long, that the summer mornings are many,  
That you will enter ports seen for the first time with such pleasure,  
with such joy!



Stop at Phoenician markets, and purchase fine merchandise, mother-of-pearl and corals, amber and ebony, and pleasurable perfumes of all kinds,  
Buy as many pleasurable perfumes as you can;

Visit hosts of Egyptian cities to learn and learn from those who have knowledge.



Always keep Ithaca fixed in your mind. To arrive there is your ultimate goal.  
But do not hurry the voyage at all. It is better to let it last for long years;  
And even to anchor at the isle when you are old,  
Rich with all that you have gained on the way,  
Not expecting that Ithaca will offer you riches.



Ithaca has given you the beautiful voyage.  
Without her you would never have taken the road.  
But she has nothing more to give you.



And if you find her poor, Ithaca has not defrauded you.  
With the great wisdom you have gained, with so much experience,  
You must surely have understood by then what Ithacas mean.



Thank you - σας ευχαριστώ

